

Town of Durham, NH

PARKS & RECREATION

Summer Guide 2020



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Durham Parks & Recreation
2 Dover Rd. Durham, NH 03824

recreation@ci.durham.nh.us

(603) 817-4074

durhamrec.recdesk.com

 Durham Rec

[durhamnhrec](https://www.facebook.com/durhamnhrec)



Durham



Parks & Recreation

TUESDAY, JUNE 23-FRIDAY, JUNE 26TH**Mad Science Robots Recruit Camp****8:30am-4:30pm****Grades 1-6**

Join Mad Science for a week of discovery and fun in this full day Robotics Camp! Investigate robotic fundamentals with curious robots, learn about the history and current field of robotics, explore robot design potential by using robots that have big personalities, and build ingenious robots to take home. Compare, analyze, and test a variety of robots everyday that are correlated to the daily concepts. We will explore circuits, electricity, sensors, gears, and advanced robotic applications. Learn about the mechanical aspects of robots with gears, gear ratios, and torque. Pick up the basics of electricity by snapping together circuits to make a remote-control rover robot. Experiment with sound sensing robots, line-tracking robots, industrial robots, app-controlled performance bots, robotic pets, the world's smartest and smallest robot, and so much more! Our future roboticists round out the week getting more in depth experience programming robots as they cycle through programming stations that will enrich their understanding of programming. We welcome all children to become creative camper's that will design tomorrow's robots today!

INSTRUCTED BY: MAD SCIENCE OF MAINE

Cost: ORCSD Students: \$240.00/ Non-ORCSD Students: \$250.00

Register at: durhamrec.recdesk.com by June 1st, 2020

Camp Location: Jackson's Landing- Churchill Rink



Durham Parks & Recreation (603) 817-4074
durhamrec.recdesk.com

MONDAY, JUNE 29-FRIDAY, JULY 3

Wicked Cool Vet School

9:00am-12:00pm

Grades 1-5

Do you dream of becoming a veterinarian? Grab your lab coat, animal lovers, as we learn about our favorite furry, flying and fishy friends! Make amazing animal models, build big bones and investigate animal intestines from our favorite vertebrates: birds, mammals, reptiles, amphibians and fish. End the week with a featured live animal visit with tips for animal care and keeping pets healthy. WCVS will run from 9am-12pm.

WOW! Science

1:00pm-4:00pm

Grades 1-5

Have fun with a science scramble of totally random experiments, models and science adventures. Start with cartoon character science to explore Pokémon physics and explore geology with Steven Universe. Next, delve into candy chemistry using chromatography and make a jar that glows like fireflies. We'll grow seeds on a sponge tower and build a working monocular to explore the tiny worlds around us. Wow! Science will run from 1pm-4pm.

INSTRUCTED BY: WICKED COOL FOR KIDS

Cost:

1/2 Day (am or pm) ORCSD Students: \$200.00,

Non-ORCSD Students: \$210.00.

Full Day (9am-4pm) ORCSD Students \$325.00,

Non-ORCSD Students: \$335.00



Register at: durhamrec.recdesk.com by June 1st, 2020

Camp Location: Jackson's Landing- Churchill Rink

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MONDAY, JULY 6-FRIDAY, JULY 10

R.E.A.C.H. Afternoon Camp

12:00pm-5:00pm

Grades 1-8

Mon-Thurs

R.E.A.C.H. (Recreation Education and Adventure Close to Home) is a 5-week partnership camp with ORCSD. Durham Parks & Recreation provides an afternoon camp option to each of their morning camp sessions! Monday -Thursday, participants will spend their afternoons exploring Wagon Hill Farm, swimming at the UNH pool, science & art projects, enjoying active games, making new friends and much more!

INSTRUCTED BY: DURHAM PARKS & REC

Cost: ORCSD Student: \$100.00, Non-ORCSD Student: \$120.00

Register at: sendmoneytoschool.com by June 1st, 2020

Camp Location: Oyster River Middle School MPR



Optional Friday Field Trip- July 10

8:30am-4:30pm

Gunstock Adventure Park

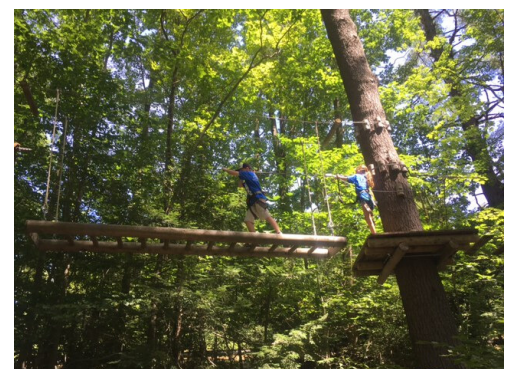
We will spend the day at Gunstock's aerial obstacle course! Participants will be challenged with log ladders, bridges, swings, seesaws, foot bridges and zip lines!

Cost: ORCSD Student: \$50.00, Non-ORCSD Student: \$60.00

Register at: sendmoneytoschool.com by June 1st, 2020

Drop-off/pick-up: Oyster River Middle School

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MONDAY, JULY 13-FRIDAY, JULY 17

R.E.A.C.H. Afternoon Camp

12:00pm-5:00pm

Grades 1-8

Mon-Thurs

R.E.A.C.H. (Recreation Education and Adventure Close to Home) is a 5-week partnership camp with ORCSD. Durham Parks & Recreation provides an afternoon camp option to each of their morning camp sessions! Monday -Thursday, participants will spend their afternoons exploring Wagon Hill Farm, swimming at the UNH pool, science & art projects, enjoying active games, making new friends and much more!

INSTRUCTED BY: DURHAM PARKS & REC

Cost: ORCSD Student: \$100.00, Non-ORCSD Student: \$120.00

Register at: sendmoneytoschool.com by June 1st, 2020

Camp Location: Oyster River Middle School MPR



Optional Friday Field Trip- July 17

8:30am-4:30pm

Mini Golf & Beach

We will hit up Captain's Cove Adventure Golf for the morning, then head to Jenness Beach for the afternoon. A stop for ice cream will conclude our day!

Cost: ORCSD Student: \$50.00, Non-ORCSD Student: \$60.00

Register at: sendmoneytoschool.com by June 1st, 2020

Drop-off/pick-up Oyster River Middle School

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MONDAY, JULY 20-FRIDAY, JULY 24

R.E.A.C.H. Afternoon Camp

12:00pm-5:00pm

Grades 1-8

Mon-Thurs

R.E.A.C.H. (Recreation Education and Adventure Close to Home) is a 5-week partnership camp with ORCSD. Durham Parks & Recreation provides an afternoon camp option to each of their morning camp sessions! Monday -Thursday, participants will spend their afternoons exploring Wagon Hill Farm, swimming at the UNH pool, science & art projects, enjoying active games, making new friends and much more!

INSTRUCTED BY: DURHAM PARKS & REC

Cost: ORCSD Student: \$100.00, Non-ORCSD Student: \$120.00

Register at: sendmoneytoschool.com by June 1st, 2020

Camp Location: Oyster River Middle School MPR



Optional Friday Field Trip- July 24

8:30am-4:30pm

York's Wild Kingdom

We will spend the day exploring the zoo, butterfly kingdom and amusement rides

Cost: ORCSD Student: \$50.00, Non-ORCSD Student: \$60.00

Register at: sendmoneytoschool.com by June 1st, 2020

Drop-off/pick-up Oyster River Middle School



Durham Parks & Recreation (603) 817-4074
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MONDAY, JULY 27-FRIDAY, JULY 31

R.E.A.C.H. Afternoon Camp

12:00pm-5:00pm

Grades 1-8

Mon-Thurs

R.E.A.C.H. (Recreation Education and Adventure Close to Home) is a 5-week partnership camp with ORCSD. Durham Parks & Recreation provides an afternoon camp option to each of their morning camp sessions! Monday -Thursday, participants will spend their afternoons exploring Wagon Hill Farm, swimming at the UNH pool, science & art projects, enjoying active games, making new friends and much more!

INSTRUCTED BY: DURHAM PARKS & REC

Cost: ORCSD Student: \$100.00, Non-ORCSD Student: \$120.00

Register at: sendmoneytoschool.com by June 1st, 2020

Camp Location: Oyster River Middle School MPR



Optional Friday Field Trip- July 31

8:30am-4:30pm

Firefly Pottery Studio & Great Bay Discovery Center

Our campers will become artists for the morning with a painted pottery project. After lunch we will head to the Great Bay Discovery Center to explore the trails and learn about the ecosystem of the Great Bay.

Cost: ORCSD Student: \$50.00, Non-ORCSD Student: \$60.00

Register at: sendmoneytoschool.com by June 1st, 2020

Drop-off/pick-up Oyster River Middle School

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MONDAY, AUGUST 3-FRIDAY, AUGUST 7

R.E.A.C.H. Afternoon Camp

12:00pm-5:00pm

Grades 1-8

Mon-Thurs

R.E.A.C.H. (Recreation Education and Adventure Close to Home) is a 5-week partnership camp with ORCSD. Durham Parks & Recreation provides an afternoon camp option to each of their morning camp sessions! Monday -Thursday, participants will spend their afternoons exploring Wagon Hill Farm, swimming at the UNH pool, science & art projects, enjoying active games, making new friends and much more!

INSTRUCTED BY: DURHAM PARKS & REC

Cost: ORCSD Student: \$100.00, Non-ORCSD Student: \$120.00

Register at: sendmoneytoschool.com by June 1st, 2020

Camp Location: Oyster River Middle School MPR



Optional Friday Field Trip- August 7

8:30am-4:30pm

Watercountry Waterpark

We will ride the slides and hit up the pools for our final camp field trip of the summer. A stop for ice cream will conclude the day.

Cost: ORCSD Student: \$50.00, Non-ORCSD Student: \$60.00

Register at: sendmoneytoschool.com by June 1st, 2020

Drop-off/pick-up Oyster River Middle School

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MONDAY, AUGUST 10-FRIDAY, AUGUST 14

Outdoor Adventure Week- FULL

8:30am-5:00pm

Ages 10-15

Mon-Fri

This week is all about the adventure! Participants will enjoy a full week of exploration, teambuilding, learning new skills and enjoying several of the amazing outdoor recreation opportunities here in our wonderful state. Each day will be a different outdoor recreation adventure trip. Participants can look forward to stand up paddle boarding and bouldering at Stonehouse Pond, Candia Springs Adventure Park, ocean kayaking, surfing and more!

INSTRUCTED BY: DURHAM PARKS & REC

Cost: ORCSD Student: \$365.00 Non-ORCSD Student: \$375.00

Register at: durhamrec.recdesk.com by: August 3, 2020

Camp Location: Oyster River Middle School MPR



MONDAY, AUGUST 17-FRIDAY, AUGUST 21

Adventure Paddle Camp

8:30am-5:00pm

Ages 10-15

Mon-Fri

Participants will be guided through basic paddling techniques, balance, self-rescue skills, general water safety, chart reading, navigation skills, beginner compass skills, and an introduction to the principles of Leave No Trace. In addition to excellent paddle instruction, part of the day will include team-building activities that will strengthen participant's confidence, empathy and communication.

INSTRUCTED BY: SEVEN RIVERS PADDLING

Cost: ORCSD Student: \$365.00 Non-ORCSD Student: \$375.00

Register at: durhamrec.recdesk.com by: August 10, 2020

Camp Location: Wagon Hill Farm

DURHAM PARKS & RECREATION

Summer 2020 Events

SAT | JUNE 27 2020 | 4PM

Family Camp Out at Wagon Hill Farm

DPR will supply dinner Saturday evening and s'mores by the campfire. a simple breakfast will be served Sunday morning. A camping checklist will be provided to those who register [Pre-registration required at durhamrec.recdesk.com](https://durhamrec.recdesk.com). \$35/family

THURS | JULY 16 2020 | 6PM

Hansel & Gretel- Family Theater Night!

Follow Hansel and Gretel through the forest of the Hampstead Stage Company's adaptation of The Brothers Grimm fairy tale. The performance will take place at the Oyster River Middle School Multi Purpose Room. Participation is **FREE!** Complimentary popcorn & pizza will be served. Run time: 60 min.

THURS | JULY 30 2020 | 6-8PM

Music On Main

Meet on Main Street in downtown Durham for an evening of family fun and live music! A portion of Main Street will be closed for crafts and activities. Several of the Downtown businesses join in to offer activities, sweet treats and special deals!! Participation is **FREE**. This is a family friendly event for all ages.

SAT | AUG 8 2020 | 6-8:30PM

Summer Splash & Potluck Picnic Dinner

Come to the UNH outdoor pool for a fun night out with the community! Enjoy live music, a potluck style picnic dinner and family fun in and around the pool!!! This is a **FREE** community event for all ages. Visit: durhamrec.recdesk.com for a link to the potluck sign-up through sign-up genius.

DURHAM PARKS & REC

durhamrec.recdesk.com (603) 817-4074



Community Wellness & Fitness Classes

Summer 2020



BOOTCAMP:

A total body-cardio and strength workout. Sprints, plyometric, ladder drills, and strength training. All are welcome; go at your own pace. Wednesdays & Fridays at 6:45am at the Durham Parks & Rec. Building. \$50/ 8 class pass, \$10/drop-in.



PILATES:

Core and flexibility training wrapped into one hour. Improve your flexibility, gain core strength, and overall body tone. Mondays 8:00am at Old Landing Park, Wednesdays at 6:30pm and Saturdays 10am at Oyster River Middle School (MPR). \$50/8 class pass, \$10/drop-in.

STRENGTH & STRETCH:

A total body strength training class that will hit all of the major muscle groups. Wednesdays & Fridays at 8:00am at Old Landing Park. \$50/ 8 class pass, \$10/drop-in.

ZUMBA:

A dynamic, easy to follow, cardio-dance fitness class. This is a party in a workout, complete with a variety of music to get you up and moving. All are welcome, just jump in and join the party! Mondays & Wednesdays 5:30pm and Saturdays 9:00am at Oyster River Middle School (MPR). \$50/8 class pass, \$10/ drop-in.



PICK-UP PICKLEBALL:

This is a low-impact doubles racket sport that blends tennis, badminton and ping pong. Pick-up style play for all levels and abilities. All equipment provided. Experienced players: Tuesdays, Wednesdays & Fridays 6-8pm. Beginners: Fridays 6-8pm. Our playing location is TBD. Participation is FREE.

TAI CHI, ADVANCED:

Suited for individuals who have Tai Chi experience. Participants will work on the 24 form, tai chi fan, a stick form and qigong exercises. Fridays at 4:00pm at the Parks & Rec. building. \$50/person (6 classes) or \$10/drop-in.

TAI CHI, INTERMEDIATE:

This class will combine Tai Ji Quan: Moving for Better Balance with traditional tai chi and qigong exercises. Participants will work on the 24 form, and stick form. Suitable for those with previous Tai Chi experience. Tuesdays & Thursdays at 9:00am at the Parks & Rec. building. \$120/person (16 classes) or \$10/drop-in.

TAI CHI, BEGINNER:

This class will combine the 24 form tai chi with qigong exercises. Practice of slow gentle movements develop strength, balance and flexibility. Suitable for beginners. Tai Chi experience. Tuesdays & Thursdays at 11:30am at the Parks & Rec. building. \$120/person (16 classes) or \$10/drop-in.

YOGA:

Yoga: All levels are welcome! Come check us out, your first class is free! Our certified Yoga teacher is sensitive to creating an environment that is flexible and accommodates all levels. Class takes place Mondays at 5pm at the Parks & Rec. building. \$40 per 8-week session. \$10 /drop-in.



YOGA AT WAGON HILL FARM:

Meet at Wagon Hill Farm for a FREE yoga class. This class will be offered on Wednesdays from June 3rd -September 2nd from 5-6pm. Please bring a mat or blanket, sunscreen, bug spray and water. Instructors will rotate weekly.